



Public Health
Prevent. Promote. Protect.
Seneca County, NY

Measles Update for Providers

Measles cases are on the rise and although there have been no confirmed cases of measles in Seneca County, it's important to know how to recognize measles and what to do.

Signs and Symptoms of Measles:

Symptoms of measles can appear 7-21 days after exposure. Symptoms can include:

- High fever
- Cough
- Runny nose
- Red watery eyes (conjunctivitis)
- Rash: small red spots that give a splotchy red appearance, often starting at the head and spreading down the body (usually appear 3-5 days after initial symptoms).
- Koplik spots (bright red spots with white or bluish-white centers that resemble grains of sand, appearing inside the mouth)



Ask About:

- Exposure to anyone with measles
- International travel
- Vaccine history
- Travel to an area in the U.S. with a measles outbreak, including Texas and New Mexico

Act immediately if you suspect measles:

- Ensure patient is stable.
- Immediately put a surgical mask on the patient.
- Isolate the patient in an airborne infection isolation room (negative pressure room).
- If a negative pressure room is not available, place patient in a private room with a door that closes and keep the mask on the patient the entire time (unless there is a medical contraindication). Keep door closed and do not use the room for at least 2 hours after a suspected measles patient has left the room
- Permit only staff immune to measles to be near the patient. Regardless of immunity, staff should wear an N95 mask when entering the room.
- Measles is spread through airborne transmission, therefore, mitigate exposure to other patients in shared airspaces during and for 2 hours after a suspect measles case has been identified.
- Immediately report suspected measles cases to the local health department. Do not wait for lab results.
- Expedite measles serology and virus testing by notifying the local health department to arrange testing at the NYS Wadsworth Center laboratory. Use of commercial labs may delay the diagnosis.



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