



Quick Resource Guide For Parents

- Healthy Families Ontario, Yates, & Seneca 315-412-4527
- Car Seat Programs (*Appointments Required*)
 - Village of Waterloo Police Department 315-539-2022
 - Seneca County Sheriff's Department 315-220-3200
 - New York State Police 315-539-3976
 - **Seneca County Health Department 315-539-1920** (Distributor and fittings)
 - Cayuga/Seneca Community Action Program 315-539-5647 (Distributor and fittings)
- Catholic Charities of the Finger Lakes (Geneva) 315-789-2235
- Child Abuse Hotline 800-342-3720
- Child Advocacy Center of The Finger Lakes 585-394-2573
- Child and Family Resources: Childcare 315-536-1134
- Child Health Plus 1-800-698-4543
- **Children and Youth with Special Healthcare Needs: Seneca County Health Department: 315-539-1920**
- Department Of Social Services/HEAP 315-539-1800
- Domestic Violence Program: Seneca County 315-539-1607
- **Early Intervention Program: Seneca County Health Department: 315-539-1920**
- Family Planning Services:
 - East Hill Family Medical Auburn 315-253-8477
 - Geneva Community Health 315-781-8448
- Family Counseling Service Of The Finger Lakes 315-789-2613
- Finger Lakes Community Health 315-781-8448
- Finger Lakes WIC 585-394-9240
- Food Pantry/Food Assistance/Newborn Supplies:
 - Cayuga/Seneca Community Action Program (Waterloo) 315-539-5647
 - Harmony Food Pantry (Waterloo) 315-515-7964
 - House of Concern (Waterloo) 315-568-2433
 - Interlaken Church Kitchen Cupboard 607-532-4321
 - Lodi Food 4 All Pantry 607-279-2571
 - Lodi Church Food Pantry 607-592-9043
 - South Seneca Food Pantry 607-869-2794
 - Tyre Food Pantry 315-651-7138
 - Waterloo Library Food Pantry - 315-539-3313
- Food Stamp Income Eligibility (SNAP) 315-539-1800
- Growing Up Healthy Hotline 1-800-522-5006
- Health Care Navigator (Insurance) 855-355-5777
- **Immunizations: Seneca County Health Department 315-539-1920**
- **Lead Testing For Children: Seneca County Health Department 315-539-1920**
- Legal Assistance Of Western NY 315-781-1465
- Lifeline: Get connected. Get answers *211
- **Missing Children- Dial 911**
- MotherToBaby (what's safe during pregnancy & BF) 855-999-3525 (text)
 - 866-626-6847 (call)
- Seneca County Transit Information and Dial-A-Ride 315-539-1844
- Parenting Classes: Glove House 315-539-3724
- Poison Control 1-800-222-1222
- Safe Harbors 1-800-247-7273
- Smoking Cessation 1-866-NY-QUITS (1-866-697-8487)
- Suicide Prevention *988
- Victims Resource Center Of The Finger Lakes 800-456-1172

