

Emergency Preparedness

For Older Adults and People with Disabilities

Prepare for a Power Outage if You Use Electronic Medical Devices



Identify an Alternate Power Source for Your Devices



Inform Your Emergency Contact of Your Plan



Talk to Your Healthcare Provider About Your Plan

Build an Emergency Preparedness Kit



Contact Information for Important People and Care Providers



A List of Your Medicines, Dosage Instructions, and any Allergies



Styles and Serial Numbers of all Medical and Assistive Devices



Need-to-know information for first responders and others who might need to help you



Food, water, and essentials for you and for any pets or service animals



Medicines, medical supplies, batteries, and chargers



Copies of Medicaid, Medicare, and other Insurance Cards

Important Information



Create a Support Network in Case of an Emergency

Plan how you will **COMMUNICATE** if you have a communication disability



IMPORTANT MESSAGE

Plan for **TRANSPORTATION** if you need help evacuating



Plan how you will evacuate with any **ASSISTED DEVICES**



For More Information About Emergency Preparedness visit the Seneca County Health Department website at: <https://senecacountyhealthdepartment.com/public-health/programs-services/health-emergency-preparedness/>

**There is no harm in hoping for the best,
as long as you are prepared for the
worst.**

**Be Prepared!
Stay Informed!!**

