# Seneca County Resource Guide 2023



# Community Resources 2023

# **Table of Contents**

Community Resources	
Emergency Services	3
Behavioral Health Services	4
Seneca County	4
Ontario County	7
Wayne County	12
Yates County	14
Cayuga County	15
Monroe County	
Adoptive Supports	19
Autism Supports	20
Child Care	21
Domestic Violence	22
Education	23
Food & Nutrition	25
Grief Supports	29
Health Home Care Management	30
Housing	31
Inpatient Mental Health Assessment	32
Physical Health	33
Health Insurance	36
Substance Use	37
Safety/Legal Assistance	41
Special Needs, Early-Intervention, and Diagnostic Evaluation	42
Teen Mental Health	
Teen Pregnancy	45
Transportation	
Veteran's Resources	47

Please email jfantigrossi@senecafallscsd.org with any changes or additions

# **COMMUNITY RESOURCES**

# **Emergency Services**

### Emergency - Dial 911 Mental Health Lifeline - 1.800.310.1160

Alzheimer's Association Hotline	800.272.3900
Child Abuse Hotline	800.635.1522
NYS Domestic Violence Hotline	800.942.6906
NYS Police	315.539.3976
Poison Control Center	800.333.0542
Ontario County Sheriff Department	585-394-4560
Seneca County Sheriff Department	607.582.6555
Sheriff's Department	315.539.9241
Suicide Crisis	988
Suicide Crisis Text Line	741-741
Veteran's Crisis Line	988 press 1
2.4.4/4.077.2FC.0244) is a Description and Defermed number	

2-1-1(1.877.356.9211) is a Resource and Referral number, with connections to a local center where specialists provide information and referrals to human services that best suit the caller's needs. 2-1-1 is NOT for police, fire or medical emergency calls.

#### **Behavioral Health Services**

NYS Office of Mental Health - www.omh.ny.gov

#### **Behavioral Health - Seneca County**

Seneca County Community Counseling Center315.539.1980	
NYS Office of Mental Health licensed outpatient behavioral health clinic	
services including comprehensive mental health and addiction treatment	
services for adults, children and families. Suboxone and other forms of	
medication assisted treatment available	
Margaret Morse, LMSW, Seneca County Mental Health	
Director315.539.1958	
Seneca County Mental Health Crisis Response Program (Mobile Crisis	
Services)315.539.1980	
Bethany Felicita, LMHC, Program Director315.539.1934	
Seneca County Domestic Violence Services315.539.1607	
24/7 crisis services available	
Adult Single Point of Access	
(SPOA)-Betsy Fuller	
Center of Treatment Innovation (COTI)833.435.2272	
Centers in Geneva, Clifton Springs, Canandaigua, Watkins Glen, Penn Yan	
Children and Youth Single Point of Access (SPOA)/ Coordinator of Children's Services315.539.1752	
Cilitat ett 3 det vices 13.339.1732	

31 Thurber Drive Waterloo, NY 13165

FAX: 315.539.1054

Services include: Health Home Care Management, High Intensity Family Intervention Finger lakes Parent Network, etc.

Seneca Co. - Bob Ritter

Email: rritter@co.seneca.ny.us

Elmira Psychiatric Center	607.737.4711
100 Washington Street	
Elmira, NY 14901-2898	
Family Counseling Service of the Finger Lakes	315.789.2613
(M-F, 9am-5pm and some evening appts. available)	
671 Exchange St. Geneva, NY 14456	
Seneca Falls Office	315.789.2613
115 Fall Street, Seneca Falls, NY 13148	245 560 0620
Canandaigua Location	315.568.8628
514 Main St. Canandaigua, NY 14424 www.flxcounseling.org	
Victor Location	315 568 8628
1331 East Victor Road, Victor NY 14564.	515.500.0020
Finger Lakes Community Health	315.531.9102
www.localcommunityhealth.org	
<b>~1</b>	-4- 4-4 -4
Glove House	
Seneca County services currently include preventative serveducation, parent support groups, adult protection support, y	
and mental health groups, care management, mental health r	
care.	espite, and rester
Safe Harbors of the Finger Lakes	800.247.7273
(Ontario, Seneca and Yates counties)	
Seneca Co.	
Waterloo Location: Main St. Shop Center Waterloo, NY 131	65
Email: jcuson@safeharborsfl.org	OE 701 1002
Geneva Location: 1Franklin Street Geneva, NY 14456 5 www.safeharborsfl.org	085.781.1093
www.sarenarborsn.org	
Fatherhood connection Group	David Goben
315-539-1915	
dgoben@co.seneca.ny.us	
, and the second se	
dgoben@co.seneca.ny.us  Seneca Connections Drop in Center	

# **Private Behavioral Health Practitioners - Seneca County**

Jamie Lamanna, MS Ed, LMHC	15-670-0121
Jamee Sealy, LCSW-R	dicaid)
Peg Haust-Arliss, LCSW-R	315.398.1989

# <u>Behavioral Health - Ontario County</u>

Canandaigua Behavioral Health Clinic
www.rochesterregional.org/locations/canandaigua/canandaigua-behavioral- health-clinic
Cayuga Medical Center607.274.4011
101 Dates Drive, Ithaca NY, 14850
https://www.cayugamed.org/services-2/behavioral-services/
Clifton Springs Hospital & Clinic315.462.0471
Outpatient Behavioral Health 2, Coulter Rd. Clifton Springs
www.rochesterregional.org (18 yrs. and older)
Family Counseling Service of the Finger Lakes 315.789.2613
(M-F, 9am-5pm and some evening appts. available)
671 Exchange St. Geneva, NY 14456
Seneca Falls Office315.789.2613
115 Fall Street, Seneca Falls, NY 13148
Canandaigua Location
514 Main St. Canandaigua, NY 14424
www.flxcounseling.org
Victor Location315.568.8628
1331 East Victor Road, Victor NY 14564.
Finger Lakes Psychiatry585.924.3070
1160 Corporate Drive Suite 400 Farmington, NY 14425
Email: info@penfieldpsych.com FAX: 585.924.3230 Website: penfieldpsych.com
GATE (Gaining Awareness Through Education) 315.789.1709
Anger Management & Counseling
365 South Main St. Geneva, NY 14456
Mental Health Association Ontario County585.629.0386
120 North Main St. Canandaigua, NY 14424
https://www.mharochester.org/ontario-county

Seeds of Hope Counseling315.273.1883
590 Pre Emption Road Geneva, NY 14456 jenn@seedsofhopecs.com
https://www.seedsofhopecs.com
Ontario County Mental Health 585.396.4363
(adult, children, adolescent-sliding scale)
Canandaigua Location: 3019 County Complex Drive Canandaigua, NY 14424 FAX: 585.396.4993
Geneva Location: 28 Seneca Street Geneva, NY 14456 (Th, F office hours) 315.789.6706
Coordinator of Children's Services (Ontario County): 585.393.2993 www.co.ontario.ny.us/99/Mental-Health
Victor Counseling Practice 585.398.8835
(adult, children adolescents, families, couples) FAX: 585.398.7376
6539 Anthony Drive, Suite A Victor, NY 14564
Safe Harbors of the Finger Lakes 585.781.1093
(Ontario, Seneca and Yates counties)
Seneca Co 315.568.4200
Waterloo Location: 33 State street, Waterloo, NY 13165
Email: info@shflny.org
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093 www.shflny.org
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093 www.shflny.org We help victims of human trafficking, child abuse, sexual assault, and
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093
Email: info@shflny.org Geneva Location: 1Franklin Street Geneva, NY 14456 585.781.1093

\*Offers a girl's group in both Geneva and Ovid

<u>Private Behavioral Health Practitioners - Ontario County</u>	
Barbara Raco, LCSW-R	585.271.3760

5297 Parkside Drive Suite 406 Canandaigua NY 14424 www.Racotherapy.com

Boike Counseling ...... 585.394.1442

(adult, children, adolescents, families) 3180 West St. Canandaigua, NY 14424 FAX: 585.394.1257

Brennan Counseling Services ...... 315.719.3508

Karen Brennan, LCSW-R

(Teenagers and older; accepts most major insurances- except straight Medicaid)

118 Genesee Street Geneva, NY 14456

Canandaigua Lake Counseling Services ...... 585.919.0014

(next to YMCA)

42 North Main Street Canandaigua, NY 14424 Email: info@canandaigualakecounselingservices.com

FAX: 585.393.0014

www.canandaigualakecounselingservices.com

Canandaigua Psychotherapy Associates ...... 585.394.1294

Theresa Beach, LCSW and Robert Kaminski, LCSW-R 527 N. Main St. Canandaigua, NY 14424

FAX: 585.394.1294

(Clinical Psychologist)

6137 County Road 41 Farmington, NY 14425

Dale Goldstein, LCSW-R ...... 585.739.8884

1779 Route 21 Shortsville, N.Y. 14548

(2 days per week)

Main office: 882 Titus Ave. Rochester, N.Y. 14617 ...... 585.739.8884

Darlene Trytech, LSCW-R(families, children, adolescents and adults) 59 Slosson Lane Geneva, NY 14456	. 315.781.7800
Dr. Emily Gilbertson, Licensed Psychologist	. <b>585.781.4714</b>
Janice Cramer, LCSW-R	315.745.9958
79 Church St. Waterloo, NY 13165	
John Eichenberger, LMHS, CASAC	
Katie Pullano, LCSW-R(Children 14 and older, DBT groups) 324 West North Street, Suite 4 Geneva, NY 14456	. 315.759.0655
Kirk Palmer, LCSW-R, ACSW	. 585.924.2100
Laura Ramsay, LMHC, CASAC(Individuals and Couples) 5297 Parkside Drive, Suite 424 Canandaigua NY 144	
Email: lauralramsay@yahoo.com	

Mark Hedgepeth, LCSW-R	<b>315.789.8291</b>
Rev. Richard Rauscher, M DIV	<b>585.394.2610</b>
Rise Up Therapeutic Horsemanship	. <b>585.362.5667</b>
Sheila Albers, LCSW-R	315.781.2537
Susan Givelber, LCSW-R	. 315.789.1290
Susan McGowan, LCSW-R	
Victor Counseling Practice  1296 E Victor Rd. Victor, NY 5297 Parkside Dr. #408 Victor, NY https://victorcounseling.com/	585.398.8835
William Riley, LCSW	

#### **Behavioral Health - Wayne County**

Family Counseling Services of the Finger Lakes, Inc	315.331.8494
(Domestic Violence, Counseling, Advocacy)	
150 Van Buren St, Newark, NY 14513	
www.fcsfl.org	

> FAX: 315.946.7108 http://web.co.wayne.ny.us/wbhn/

# <u>Private Behavioral Health Practitioners - Wayne County</u>

Eileen Erstniuk, LCSW-R	. 315.331.2030
(Dr. Hannan's office)	
1202 Driving Park Avenue Newark, NY 14513	
Kyle D. Houser, M.Ed., MA, CBIS-CE	315.331.9666
(Behavior Consultant/TBI)	
402 Grace Avenue Newark, NY 14513	
FAX: 315.331.1663	
Dr. Tracy Larson	315.331.2527
(psychological assessments)	
211 West Ave. Newark, NY 14513	
Email: drtlarson@juno.com	
Richard Switzer, Marriage and Family Therapist	315.331.6306

# **Behavioral Health Practitioners - Yates County**

Edie Mann- Keuka Counseling- A Healing Journey
Family Counseling Service of the Finger Lakes, Inc
Finger Lakes Community Health 315.781.8448
112 Kimball Ave Penn Yan, NY 14527
John Kelly Behavioral Health Center 315.531.2400
465 N. Main St. Penn Yan, NY 14527
https://www.flhealth.org/services/behavioral-health/kelly-behavioral-health
Lakeview Health Services Seneca
County Community Counseling Center315.539.1980
NYS Office of Mental Health licensed outpatient behavioral health clinic
services including comprehensive mental health and addiction treatment
services for adults, children and families. Suboxone and other forms of
medication assisted treatment available
Margaret Morse, LMSW, Seneca County Mental Health
Director315.539.1958
Seneca County Mental Health Crisis Response Program (Mobile Crisis
Services)315.539.1980
Bethany Felicita, LMHC, Program Director315.539.1934
Seneca County Domestic Violence Services315.539.1607
24/7 crisis services available

173 Main St Penn Yan, NY 14527

# <u>Behavioral Health - Cayuga County</u>

Jaclyn Bex, LMFT	. 315.849.5887
Beth Turner, LCSW	315.255.3623
Cayuga Counseling Services	315.253.9795
Cayuga County Mental Health	<b>315.253.0341</b>
Integrative Family Counseling  (Services: Play therapy, teens, adults, family therapy, couples of 188 Genesee St. Suite 207 Auburn, NY 13021  FAX: 866.323.6619  http://www.integrativecounseling.us/	

#### **Behavioral Health - Monroe County**

Bivona Child Advocacy Center 585.935.7800
(victims of abuse)
The Skalny Building, 1 Mount Hope Ave Rochester NY, 14620
http://www.bivonacac.org/
University of Rochester Medical Center

315 Science Parkway Entrance "C" Rochester, NY 14620 https://www.urmc.rochester.edu/behavioral-health-partners/visits\_appointments/locations.aspx

URMC Center for Community Health & Prevention .......585.602.0801

46 Prince Street, Suite 1001 Rochester, NY 14607

Email: centerforcomunityhealth@urmc.rochester.edu

www.urmc.rochester.edu/community-health

Finger Lakes Problem Gambling Resource Center.......585.351.2262
2507 Browncroft Blvd. Suite 103 Rochester, NY 14625
https://nyproblemgamblinghelp.org/finger-lakes/

# <u>Private Behavioral Health Practitioners - Monroe County</u>

Dr. Sab Abaci
601 Elmwood Avenue Rochester, NY 14642
Brenda Bremer, MD585.381.6270
10 Office Park Way Pittsford, NY 14534
To office Fank Way Fittsford, WF 14334
Dr. Bernard Kumetat585.248.0900
(Child and Adolescent Psychiatrist)
1000 Pittsford Victor Rd. Pittsford, NY 15534
FAX: 585.248.3566
Dr. Joseph Chruscicki and Dr. Christine Chruscicki585.643.1415
(Child & Adolescent Psychiatrists)
141 Sully's Trail, Suite #5B Pittsford, NY 14534
Kara Juszak, LCSW 585.500.9420
(anxiety and trauma)
95 Allens Creek Road Executive Square, Bldg.1, Suite 110 Rochester, NY 14618
http://www.kmjcounseling.com/
Kathe Cardegna, NP in Psychiatry585.348.8429
(age 18 and older)
The Park at Allens Creek Bldg 132 Suite 210 Rochester, NY 14618
Dr. Leon Schofield585.425.2480
(Clinical Psychologist)
645 Cross Keys Office Park Fairport, NY 14450
www.addexpert.net
www.aaacxperc.rec
Dr. Stephen Munson585.586.1600
(psychiatrist- adults only)
100 Linden Oaks Suite 200 Rochester, NY 14625 FAX: 585.586.7951

Dr. Virginia Wohltman ...... 585.425.1160

(Child and Adolescent Psychiatrist) 490 Cross Keys Office Park Fairport, NY 14450 FAX: 585.425.1552

# **Adoptive Supports**

Catholic Charities of the Finger Lakes Targeted Regional Permanency Center......315.789.2235

94 Exchange St. Geneva, NY 14456

Contact: Dori Shaner

Email: dori.shaner@dor.org

https://www.catholiccharitiesfl.org/services/targeted-regional-permanencycenters/

Glove House ......315.283.5746

220 Franklin Street Elmira, NY 14904 www.glovehouse.org

Glove House, Inc. is a COA-accredited human services agency that provides a large variety of family and children-centered services. In the Seneca County area, these services currently include preventative services, parenting education, parent support groups, adult protection support, youth socialization and mental health groups, care management, mental health respite, and foster care.

Also offers a girl's circle group for girls in need of support/guidance/balance.

Pathways of Hope......1.800.SAL.ARMY

41 North Street, GENEVA, New York 14456 This is a program run by the Salvation Army.

# **Autism Supports**

Autism Council of Rochester
Autism Learning Partners
Autism Up585.248.9011
50 Science Parkway Rochester, NY 14620 https://autismup.org/
ATN (Autism Speaks Autism Treatment Network)585.275.7701  Golisano Children's Hospital, 601 Elmwood Avenue, Rochester, NY 14642  http://www.asatn.org/
Center for Autism & Related Disorders
Happiness House in Geneva315.789.6828
(2nd Saturday of each month, 10-12 pm with Harlene Gilbert, Facilitator) Jill Mundy –Autism Coordinator
https://www.happinesshouse.org/autism-services-of-the-finger-lakes
Ontario ARC
OPWDD (Office for People with Developmental Disabilities).866.946.9733 https://opwdd.ny.gov
UR Developmental and Behavioral Pediatrics (Kirch)585.275.2986 https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities.aspx

# **Child Care**

Child & Family Resources, Inc
263 Lake Street Penn Yan, NY 14527 http://www.cfresources.org/
Child Care Assistance program315.539.1732
Coordinated by the Seneca County Workforce Development Youth Bureau
Creative Choices Child Care315.568.9542
23 Cayuga St, EASTMAN HALL Eastman Hall, Seneca Falls NY 13148
Happiness House315.789.6850
731 PRE-EMPTION ROAD GENEVA, NEW YORK 14456
http://www.happinesshouse.org/
Jack N' Jill Child Care Center315.539.3205 2465 Bonadent Dr. Suite 2 Waterloo, NY 13165
2403 Bolladelli Dl. Sulle 2 Waterloo, NT 13103
Jim Dooley Center for Early Learning315.787.4190
Jim Dooley Center for Early Learning315.787.4190 Children may be registered on a full-time or part-time basis. For registration
Jim Dooley Center for Early Learning
Jim Dooley Center for Early Learning315.787.4190 Children may be registered on a full-time or part-time basis. For registration
Jim Dooley Center for Early Learning

Aspire Hope NY		607.776.2164
•	25 W Steuben St.	cmorse@flpn.com
	Bath NY 14810-1511	AHNY@AspireHope.org

County Family Support Services (No Diagnosis Required), Advocacy, Support Groups w/Childcare, Information & Linkages to Services, Recreational & Educational Events, CFTSS -Children & Family Treatment and Support Services (CFTSS) offers Family Peer Support Services, Family Peer Support, Youth Peer Support, Children's Home & Community Based Support, Caregiver/Family Support & Services, Respite, Supported Employment, Community Self-Advocacy Training and Support, Pre Vocational.

#### **Domestic Violence**

Community Counseling Center HotlineOR 800.688.7188 X 1607	315.539.1607
31 Thurbur Drive Waterloo, NY 13165	
Domestic Violence Local Hotline	315.539.1607
www.loveisrespect.org	
Domestic Violence Service Advocate	315.539.1981
Safe Harbors of the Finger Lakes	585.781.1093
Safe Harbors of the Finger Lakes (Ontario, Seneca and Yates counties)	585.781.1093
<u> </u>	
(Ontario, Seneca and Yates counties)	
(Ontario, Seneca and Yates counties) Waterloo Location: 33 State street, Waterloo, NY 13165	315.568.4200

# **Educational Supports**

ESL classes at FLCC/FREE	315.789.6701
Literacy Office at Geneva Campus Internet Essentials Partner Program (Pay \$9.95/mon enrolled in FREE school lunch program	
https://partner.internetessentials.com/	
Starbridge (The Advocacy Center)	.585.546.1700
Wayne Finger Lakes BOCES Finger Lakes Elementary (Gorham) PO Box 252, 2705 West Main St. Gorham, NY 14461	585.526.6155
Finger Lakes Secondary School4120 Baldwin Rd. Rushville, NY 14544	585.554.6492
Red Jacket School 1506 Route 21 Shortsville, NY 14548	585.289.3967
Wayne Education CenterPO Box 63, 4440 Ridge Rd. Williamson, NY 14589 FAX	
Wayne Education Center at Newark	315.332.7400

### **Educational Supports Continued**

SC Workforce Development and Youth Bureau employment programs:
(geared towards youth).......Contact David Goben
315-539-1915 (dgoben@co.seneca.ny.us)
or visit https://www.co.seneca.ny.us/

**Connecting Young Adults to Careers (CYAC)-** We welcome youth residing in Seneca County who are between 14-24 years old. Eligibility Restrictions May Apply. Building Skills and providing a paid work experience.

**The Summer Youth Employment Program(SYEP)** –Youth ages 14-20, living in Seneca County who are interested in gaining entry level skills working from July-August at local businesses. Household income restrictions for eligibility.

**GED** classes are available at the Seneca County Building.

**Independent Living Skills Group for Seneca County Youth-** Group focused on Money Management, Life Skills, Relationships, Employment, Community Service, etc.

Weekly Job Leads Available for all open positions throughout Seneca County- https://www.co.seneca.ny.us/gov/services/workforce/ Youth Empowerment Group-This group is geared towards youth 14-21 with a focus on Attitude, Self Expression, Self Awareness, Healthy Relationships, Managing Conflict, and Responsibility.

Literacy Volunteers of Seneca County......315.539.1795

1 Di Pronio Drive Waterloo, NY 13165

Non-profit organization offering one to one tutoring at no cost for adults seeking to improve reading, writing or English language skills. To learn more about enrolling or becoming a tutor contact Executive Director, Kathy Sigrist at 315-539-1795.

# **Food and Nutrition**

Child and Adolescent Eating Disorders Program
Finger Lakes Community Health
Geneva General Hospital315.787.4555  www.flheath.org
Healthy eating initiative www.choosemyplate.gov
Jordan Health Center585.396.0222
(sliding fee scale) 120 N. Main St. Canandaigua, NY 14424
http://www.jordanhealth.org/
Trevors Gift (Waterloo backpack food program)- for school aged kids. The parents can apply at the school and then they are sent home with food for 4 meals on the weekends.
<b>Trevors Gift (Waterloo backpack food program)-</b> for school aged kids. The parents can apply at the school and then they are sent home with food for 4

#### **Seneca County Nutrition Resources**

Cayuga/Seneca Community Action Program......315.539.5647 CFay@caphelps.org 25 Center St. Waterloo, NY, 13165 http://www.caphelps.org Harmony Food Pantry ......315.515.7964 harmonyfoodpantry@yahoo.com 42 East Main St. Waterloo, NY https://harmonyfp.weebly.com House of Concern ......315.568.2433 admin@houseofconcern.org 22 Locust Street Waterloo, NY 13165 https://houseofconcern.org https://www.co.seneca.ny.us/seneca-county-food-pantries-need-donationsnow/ Interlaken Reformed Church Kitchen Cupboard......607.532.4321 or 607.592.9870 8315 North Main Street, Interlaken, NY 14847 Hours of Operation: Fridays only, 3pm-6pm, or by appointment **Lodi Food 4 All Pantry Temporary Location October 2022- Spring 2023** Lodi Rod & Gun Club......607.279.2571 9382 Lodi Center Rd., Lodi, NY 14860 Hours: Saturdays only, 12:30-2pm Lodi Presbyterian Church......607.592.9043 8591 State Route 414, Lodi, NY 14860

Hours of Operation: Saturdays only, 2-5pm

Office for the Aging ......315.539.1765 2465 Bonadent Drive, Suite 4 Waterloo, NY 13165 (Open to All) https://aging.ny.gov/programs/food-and-meals Seneca County Health Department......315.539.1925 Health & Senior Services Building 2465 Bonadent Drive, Suite 3 Waterloo, NY 13165 South Seneca Ecumenical Food Pantry......607.869.2794 or 607.351.0024 office@ovidfederated.org 7137 North Main Street, Ovid, NY 14521 PO Box 340 Hours of Operation: Mondays Only, 10am-1pm Tyre Reformed Church ...... 315.651.7138 DavidOdell47@yahoo.com 645 State Rte. 414 Waterloo, NY 13165 4th Fridays of the month, 2-4pm https://www.co.seneca.ny.us/seneca-county-food-pantries-need-donationsnow/ 2701 Route 96 South Waterloo, NY 13165 https://www.co.seneca.ny.us/seneca-county-food-pantries-need-donationsnow/ Waterloo Library & Historical Society- Little Free Pantry......315.539.3313 waterloolib@gmail.com 31 E. William St, Waterloo, NY 13165 Hours of Operation: Monday-Wednesday 10am-6pm, Thursday-Friday 10am-5pm, Saturday 10am-1pm W.I.C. ......315.651.4304 https://www.wicstorelocator.com

#### **Ontario County**

Canandaigua Churches in Action (CCIA) ......585.396.2242 120 North Main St. Canandaigua, NY 14424 https://www.churchesinaction.org/schedule.html Ontario County Department of Health and Human Services..... Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance, Daycare https://ontariocountyny.gov/218/SNAP St. Felix Food Cupboard ......315.462.5647 12 Hibbard Ave. Clifton Springs, NY 14432 The Salvation Army ......585.394.6968 110 Saltonstall Street Canandaigua The Salvation Army, Geneva Corps......315.789.1055 41 North Street, Geneva, NY 14456. Provides emergency services for rent, utilities, clothing, furniture and other supports, as well as daily food pantry and weekly food distributions. Also, offers case management through Pathway of Hope. Victor/ Farmington Food Cupboard ......585.924.2720 6548 Anthony Drive; Victor, NY 14564 www.vffoodcupboard.org As of November 2021 we are open by appointment only on Monday, Wednesday and Friday mornings 9:30 to 11:30 a.m. and Wednesday and Thursday evenings 5:30 to 7:30 p.m. Please phone us if you are out of food and cannot get to us.

# **Grief Supports**

Camp Heart Strings/Camp Dreams585.787.2233
3-day, Day Camp ages 7-15 includes art therapy, yoga, music & pet therapy
Contact: Michelle Almond x8241
Nazareth College 4245 East Avenue Rochester, NY 14618
https://www.urmc.rochester.edu/home-care/hospice-care/camp-
heartstrings.aspx
Child & Family Resources, Inc315.536.1134
Families in Transition group-re: divorce/separation
263 Lake Street Penn Yan, NY 14527
Community Family Support Center585.919.2476
(Ontario Co. residents, Individual and Support Group options available)
514 S Main St, Canandaigua, NY 14424
Contact: Renee Campbell
Email: rcampbellcommunity@gmail.com
Partnership for Ontario County585.936.4554
5297 Parkside Drive, Suite 307 Canandaigua, NY 14424
Rochester Regional Health (Formerly Lifetime Care)585.214.1000
Could come to Finger Lakes area schools to assist children and youth
individually or groups as needed
3111 Winton Road South Rochester, NY 14623
Sudden Loss or After Suicide Support Group315.651.0043
1st Monday: 31 E. Williams St. Waterloo 6:30-8 p.m.
3rd Monday: Ovid Federated Church 7137 Main St. Ovid
2nd and 4th Mondays: St. Mary's School 35 Center St. Drop-in bereavement group
https://www.lifetimecare.org/hospice/bereavement-services
HUDS.//WWW.IIIeUHIeCare.Org/HOSDICe/DereaveHieHi-ServiceS

# **Health Home Care Management**

#### **Health Home Care Management**

Cayuga Center	315.253.5383 x1239
Elmira Psychiatric Center	607.737.4738
Finger Lakes Community Health	315.781.8448
FLACRA	315.787.0388
Glove House	315.651.8192
Hillside Children's Center	585.705.3292
Lakeview Support of housing/Health services	315.787.0462
Pathways Inc	315.789.9730
Seneca County Office for the Aging	315.539.1765
Youth Empowerment Group	Contact David Goben
315-539-1915 (dgoben@co.sened	ca.ny.us)

# **Housing Supports**

Cayuga/Seneca Community Action Program315.539.5647 25 Center St. Waterloo, NY, 13165		
Family Promise of Wayne County		
Finger Lakes Housing Consortium (FLACRA)		
<b>Geneva Housing Authority</b>		
HUD Exchange (List of Community Resources) https://www.hudexchange.info		
Keuka Housing Council		
Rural Housing Opportunities Corporation		
<b>Seneca County DHS315.539.1800</b> 1 Dipronio Dr #2, Waterloo, NY 13165		
<b>Seneca Housing Inc315.568.2200</b> 11 US-20, Seneca Falls, NY 13148		
Local contact for Runaway/Homeless youth and/or youth who are considered at risk:  David Goben  315-539-1915  dgoben@co.seneca.ny.us		

# **Inpatient Mental Health Assessment**

Comprehensive Psychiatric Emergen (CPEP) at Clifton Springs Hospital	
FAX: 315.462.7168	
3	vices/behavioral-health/emergency- tric-services
Elmira Psychiatric Center	607.737.4711
100 Wash	ington Street
Elmira, N	/ 14901-2898

UR Medicine Child & Adolescent Inpatient Psychiatry .......585.275.8575
https://www.urmc.rochester.edu/strong-memorial/servicesamenities/social-work/service-areas/psychiatry/child-adolescentinpatient-psychiatry.aspx

# **Physical Health**

13thirty Cancer Connect		
AIDS Care800.422.0282 or 585.545.7200		
30 Elm St. Geneva, NY 14456		
http://acrochester.org/		
Alzheimer's Association		
Get easy access to resources, community programs, and services in your local community at <b>www.communityresourcefinder.org</b>		
American Cancer Society800.227.2345		
1200 Driving Park Ave Newark, NY 14513		
www.cancer.org		
American Heart Association585.426.4050		
American Heart Association		

Aspire Hope NY......607.776.2164

25 W Steuben St. cmorse@flpn.com Bath NY 14810-1511 AHNY@AspireHope.org

Elmira Psychiatric Family Advisor- Supporting the family throughout the placement process, while in placement and during the transition back to the home and community

Children & Family Treatment and Support Services (CFTSS)- Rehabilitative services available to children/youth under the age of 21 who are Medicaid eligible, that meet medical necessity.

County Family Support Services (FSS)- Rehabilitative services available to caregivers of children under the age of 21, who are not Medicaid eligible.

Community Residence Peer Advocate- Peer support services for the families of children in the community residence and transitioning back to the community Southern Tier Transformation Program (STTP)- Supportive, rehabilitative and educational services for individuals in the community or in a respite home Adult HCBS- Rehabilitative services for individuals 18yrs or older that meet HCBS waiver criteria

Cancer Services Program of the Finger Lakes Region......585.224.3070 CSP@URMC.Rochester.edu

We offer breast, cervical and colorectal cancer screenings and diagnostic care for eligible uninsured and underinsured individuals.

Finger Lakes Community Health ......315.531.9102

Geneva Community Health: 601-B Washington St. Geneva, NY 14456

Ovid Community Health: 7150 N. Main Street Ovid, NY 14521

Port Byron Community Health: 60 Main St Port Byron, NY 13140

Penn Yan Community Health: 112 Kimball Ave Penn Yan, NY 14527

Newark Community Health: 513 West Union St Newark, NY 14513

Sodus Community Health: 6341 Ridge Rd Sodus, NY 14551

www.localcommunityhealth.org

Jordan Health Center ...... 585.396.0222

120 N. Main St. Canandaigua, NY 14424 www.jordanhealth.org

National AIDS Center/Center for Disease Control..800.CDC.INFO, Press 1 http://www.cdc.gov/hiv/default.htm

NYS Dept. of Health HIV/AIDS Hotline ...... 800.962.5063

Seneca County Public Health .......315.539.1920

(dental and immunizations)

Molina Healthcare of New York......585.435.9009

Fax 1-833-679-4460

Kim.Kelleher@Molinahealthcare.com 16 W Main St. Rochester NY 14614

Molina Healthcare assists with NYSOH marketplace and is located at the Seneca County DSS on the 2nd and 4th Friday of the month from 1 to 4pm to assist with NYSOH applications and questions. For families who need free or low-cost health insurance. 24hr nurse advice line. Free rides to medical advice appointments.

STEPS......315.651.9919
StepsCommunity@s2aynetwork.org

7180 Main Street Ovid, NY 14521 PO Box 621

www.senecasteps.org

Seneca Towns Engaging People for Solutions
A Project of Pivital Public Health Partnership. STEPS promotes health and sustainability in southern Seneca County.

**Tobacco Action Coalition of the Finger Lakes (TACFL)......585.957.0347** https://smokefreefingerlakes.com/

#### **Health Insurance Companies**

Ways to access Child Health Plus/Adult Health Plus/Child and Adult Medicaid Facilitated Enroller: 1.800.346.2211(for appt. only) or 315.539.1848

BC/BS Excellus-Blue Choice Option /Univera General Help line	
For specific insurance information please call the individual number listed on the back of your insurance card.	
Fidelis Care888.343.3547	
Molina Healthcare of New York585.435.9009	
Fax 1-833-679-4460	
Kim.Kelleher@Molinahealthcare.com	
16 W Main St, Rochester NY 14614	
Molina Healthcare assists with NYSOH marketplace and is located at the	
Seneca County DSS on the 2nd and 4th Friday of the month from 1 to 4pm to	
assist with NYSOH applications and questions. For families who need free or	
low-cost health insurance. 24hr nurse advice line. Free rides to medical	
advice appointments.	
SCHC Total Care800.223.7242	
United Health Care800.339.5380	

## **Substance Use**

Al-Anon/Al-Ateen Family Group				
Center of Treatment Innovation (COTI)				
Council on Alcoholism and Addictions of the Finger Lakes315.568.9869				
111 Fall Street Seneca Falls, NY 13148				
Dick Van Dyke Addiction Treatment Center				
Families Anonymous-12 step program800.736.9805 www.familiesanonymous.org				
Finger Lakes Area Narcotics Anonymous PO Box 921 Geneva, NY 14456				
FLACRA Medically Monitored DETOX unit315.462.7070 https://www.flacra.org/addictions-crisis-center				
National Resources Alcohol and Drug Helpline800.662.HELP				
Seneca County Addictions Program				
i i i i i i i i i i i i i i i i i i i				

Updated by Seneca County Community Schools 01/2023

Partnership for Ontario County			
Sudden Loss or After Suicide Support Group			
Syracuse Behavioral Health315.492.1184			
The Finger Lakes Addictions Counseling & Referral Agency, Inc. (FLACRA)			
246 Castle St. Geneva, NY 14456 http://www.flacra.org/			

#### **Educational Websites**

#### **Centers for Disease Control and Prevention**

General information: https://www.cdc.gov/drugoverdose/pubs/ Opioid information:

https://www.cdc.gov/drugoverdose/opioids/index.html

#### **Community Outreach**

Help.org https://www.help.org/guide-to-heroin-addiction/ https://www.help.org/guide-to-heroin-rehab/

#### **National Alliance on Mental Illness (NAMI)**

https://www.nami.org/Find-Support

#### **New York State Department of Health**

General heroin information and help: https://www.health.ny.gov/diseases/aids/general/opioid\_overdose\_prevention/

### **Partnership of Ontario County**

http://partnershipforontariocounty.org/

### **Meetings local to Waterloo include:**

*8:30 am - Council on Alcoholism and Addictions of the Finger Lakes 620 West Washington St. Geneva, NY
*10am - Clifton Springs Hospital & Clinic-Cafeteria 2 Coulter Street Clifton Springs
<b>Tuesday</b> *7:30 pm - Huntington Living Center 369 East Main Street Waterloo Thursday/AL-ATEEN
*7:00 pm - Lutheran Church

## Saturday

Sunday

\*6:30 pm - Riverside Recovery, Saint Paul's Episcopal Narcotics Anonymous Meetings 101 East Williams St, Waterloo, NY

# **Safety/Legal Assistance**

Bicycle helmets		
Cayuga/Seneca Community Action Program315.539.5647  25 Center St. Waterloo, NY, 13165 CFay@caphelps.org  http://www.caphelps.org		
Child Find 800.426.5678, Press #3		
Childhelp USA		
Fire Safety Education/Smoke Alarms		
Legal Assistance of Western New York Inc		
<b>Lead Prevention Program- Kristina Knight</b>		
Local contact for homeless/runaway children/teens: Contact David Goben Phone: 315-539-1915 Email: dgoben@co.seneca.ny.us		
National Center for Victims of Crime		
National Domestic Violence Hotline		

### <u>Special Needs, Early Intervention and Diagnostic Evaluation</u>

Aspire Hope NY				
<b>OPWDD HCBS</b> - Supporting OPWDD eligible individuals in the community with a variety of services that are uniquely tailored and individualized to meet each person's needs.				
Brain Injury Association of NY FACTS Coordinator315.538.8018 518.459.7911 info@bianys.org www.bianys.org				
Bridges for Brain Injury, Inc				
Center for Disability Rights585.546.7510 497 State Street Rochester, NY 14608				
Commission for the Blind and Visually Handicapped866.871.3000 http://www.ocfs.state.ny.us/main/cbvh/				
Early Intervention Program315.539.1920				
Epilepsy Foundation				
Finger Lakes Development Disorder Services Office585.394.7140 5259 Parkside Dr. Canandaigua, NY 14424				
Happiness House				
Hickok Center for Brain Injury585.271.8640 274 N. Goodman St., Suite C-264 Rochester, NY 14607 http://www.hickokcenter.org/				

Ontario ARC		
Physically Handicapped Children's Program315.539.1938 (Children with special health care needs)		
Rochester Behavioral Pediatrics Program		
Roosevelt Children's Center		
Seneca County Public Health315.539.1920		
UR Medicine, Golisano Children's Hospital585.275.2986  Developmental & Behavioral Pediatrics  https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services.aspx		

# **Teen Mental Health Support**

Aspire Hope NY TEEN PROGRAM	607.776.2164			
25 W Steuben St.	cmorse@flpn.com			
Bath NY 14810-1511	AHNY@AspireHope.org			
County Teen Services, Support Groups, Educatio	nal Events, Community			
Activities, Leadership Opportunities, CFTSS Youth Peer Support and Training.				
Elmira Psychiatric Center	607.737.4711			
100 Washington Street				
Elmira, NY 14901-2898				
Glove House. 315.651.8192 Glove House, Inc. is a COA-accredited human services agency that provides a large variety of family and children-centered services. In the Seneca County area, these services currently include preventative services, parenting education, parent support groups, adult protection support, youth socialization and mental health groups, care management, mental health respite, and foster care.  www.glovehouse.org				
Trevor Helpline (gay/lesbian/transgender youth	)866.488.7386			
Trevor Textline - Text"Trevor" to 202.304.1200	3:00pm - 9:00pm EST			
Youth Empowerment Group	Contact David Goben			
315.539.1915 (dgoben@co.senec				
This group is geared towards youth 14-21 with a				
Expression, Self Awareness, Healthy Relationships Responsibility.	, Managing Conflict, and			

### **Teen Pregnancy**

CareNet Pregnancy Care Center of the Finger Lakes ..............315.789.0708

551 Exchange St. Geneva, NY 14456

http://www.imightbepregnant.com/

Cayuga/Seneca Community Action Program......315.539.5647

CFay@caphelps.org

25 Center St. Waterloo, NY, 13165 http://www.caphelps.org CAP offers a Baby Pantry for mothers seeking assistance.

**Family Counseling Service of the Finger Lakes** 

Geneva (Main office): 315-789-2613

Canandaigua: 585-394-8220

Newark: 315-331-8494 https://fcsfl.org/contact

Finger Lakes Community Health ......315.781.8448

601B Washington St. Geneva, NY www.localcommunityhealth.org

Planned Parenthood ......866-600-6886

15 Lafayette Avenue, Canandaigua NY 14424 M 8-4:30, Tu 9:30-7, F 8:30-4:30; 800.230.PLAN (7526)

# **Transportation Assistance**

Medical Answering Servicehttps://www.medanswering.com		
Ontario Cornell Cooperative Extension	585.394.3977	
Seneca County Office for the Aging	.315.539.1765	

### **Veteran's Resources**

Auburn VA Clinic......315.294.7300

VA health connect: 800.877.6976

Mental health: 315.425.3463

47 East Genesee Street Auburn, NY 13021-4027

Canandaigua VA Medical Center......585.393.7100

VA health connect: 800.877.6976

Mental health: 585.393.7252

400 Fort Hill Avenue Canandaigua, NY 14424-1159

Rochester Clinton Crossings VA Clinic......585.463.2600

VA health connect: 800.877.6976

Mental health: 585.463.2600

919 Westfall Road Building B, Suite 200 Rochester, NY 14618-2628

Rochester Calkins VA Clinic......585.463.2600

VA health connect: 800.877.6976

260 Calkins Road Rochester, NY 14623-4210

Veteran's 24/7 Crisis Line......988. press 1 or text 838255
<a href="https://www.veteranscrisisline.net">https://www.veteranscrisisline.net</a>

