

ABOUT CHSC

Creating Healthy Schools and Communities is a five-year (2021-2026) public health initiative to reduce major risk factors of obesity, diabetes, and other chronic diseases in high-need school districts and associated communities statewide.

This program is funded by the New York State Department of Health (NYSDOH) to implement multi-component evidence-based policies, place-based strategies, and promising practices to increase demand for and access to healthy, affordable foods and opportunities for daily physical activity for all New Yorkers.

Grant funds will be used to improve policies, practices and environmental supports that increase access to physical activity and healthier nutrition in schools, worksites, public spaces, and pre-kindergarten programs that serve Seneca County.



Seneca County
Health Department

WANT TO LEARN MORE?

Our goal is to share opportunities and successes with members of our community. If you would like more information about the CHSC grant and the work being done in Seneca County please visit our webpage at:

SENECACOUNTYHEALTHDEPARTMENT.COM



**Creating Healthy Schools
and Communities
in Seneca County**



[Seneca County Health Department](#)

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Creating Healthy Schools & Communities

SENECA COUNTY HEALTH DEPARTMENT





HEALTHY SCHOOLS

All 4 Seneca County public school districts are participating in the CHSC Grant to improve physical activity and nutrition in their buildings.

School Initiatives:

- Wellness Committees and Improved District Wellness Policies
- Opportunities for Physical Activity
- Improve Nutrition Environments
- Smart Snacks in Schools Standards
- Comprehensive School Physical Activity Programs

WORKING TOWARD A HEALTHIER SENECA COUNTY

Participating School Districts:

- Romulus Central School District
- Seneca Falls Central School District
- South Seneca Central School District
- Waterloo Central School District

HEALTHY COMMUNITIES

Policy, Systems and Environment (PSE) change is a sustainable way of improving health by modifying the policies, systems, and environments within a community.

✓ POLICY CHANGE

The passing of new laws, ordinances, resolutions, regulations, or rules

✓ SYSTEMS CHANGE

Systems change- Change to unwritten rules or processes of an organization, institution, or community

✓ ENVIRONMENT CHANGE

Changes made to the physical, economic, or social environment

Community Initiatives:

- Conduct Assessments with Municipalities
- Facilitate Implementation of Activity-Friendly Routes
- Develop Complete Streets and Safe Routes to School
- Improve Food Service Guidelines at Worksites, Community Settings, and Early Care & Education (ECE) Centers
- Increase Physical Activity in ECE Centers



[Bishop Nature Preserve trail head located on River Road, Waterloo. Cayuga-Seneca Canal Trail runs from the Waterloo locks to Seneca Lake State Park.]

Community Partners:

- Seneca County Cornell Cooperative Extension
- Child and Family Resources
- Pivotal Public Health Partnership