



CAR SEAT RECOMMENDATIONS FOR CHILDREN

- Select a car seat based on your child's age and size. Choose a seat that fits in your vehicle and use it every time.
- Always refer to your specific car seat manufacturer's instructions; read the vehicle owner's manual on how to install the car seat using the seat belt or LATCH system; and check height and weight limits.
- To maximize safety, keep your child in the car seat for as long as possible, as long as the child fits within the manufacturer's height and weight requirements. And, all children under age 13 should ride in the back seat.

For more information, visit AAA.com/Carseat

Description (Restraint Type)



REAR-FACING SEATS from **birth until age 2**, or until your child reaches the upper weight limit of their rear-facing convertible seat, which will be around 30-45 pounds.



FORWARD-FACING SEATS once your child reaches the upper weight or height limit of their rear-facing convertible seat. It is safest to keep your child in a forward-facing convertible seat with a harness until they reach the maximum weight limit (**40-65+ pounds**) or height restriction of their seat.



BELT-POSITIONING BOOSTER SEATS once a child outgrows the upper weight or height limit of their forward-facing harness. Children should use belt-positioning booster seats until they are at least **4'9"** and are between **8 and 12 years** of age.



LAP AND SHOULDER BELTS once the belt fits properly. All children under age 13 should ride in the back seat!

Common Mistakes Parents Make

- Not using a child safety seat or booster seat when needed
- Harness twisted, loose or at improper height
- The car seat moves more than 1 inch front-to-back and side-to-side at the belt path
- Not using the top tether for forward-facing seats
- Retainer clip (chest clip) not at armpit level



Expectant Mothers

- Always wear a lap and shoulder belt
- Place the lap belt below or under the belly
- Position the shoulder belt across the chest and to the side of the belly
- Sit at least 10 inches away from the steering wheel
- Limit driving during the last three months when the steering wheel is close to the abdomen



Install the Safety Seat Correctly

Car seats are most effective when used properly. Make sure you read the installation instructions carefully. There are certified child safety seat technicians who can help. **Contact 1-866-SEAT-CHECK** or visit www.seatcheck.org for additional information.